

Step 22

A

1	<u>step</u>)	shuffle	A :	⌘,⌘
&)		:	
a)		:	
2	<u>heel drop</u>		↑	A :	X⌘/⌘↑
a			catch in	:	X⌘/⌘,B,A↑
3			<u>step</u>	:	A
a	catch out			A↑,B,C↑ :	
4			<u>heel drop</u>	:	A

B

a	tap) lazy			RB :	
5	<u>step</u>))	shuffle	A :	⌘,⌘
a)		:	
6)		:	
a			<u>step</u>	:	A
7			<u>heel drop</u>	:	A
an)	shuffle			⌘,⌘ :	
and)				:	
e	<u>step</u>			A :	
8	<u>heel drop</u>			A :	

Step is AB AB B B and finish

| | | | |
L R L R L

Notes.

1. Collected from Peter Brown, undated but probably 1979 and Mary Jamieson 15th March 1980.
2. Known to the Ellwood family as a “military” step.